



myself-management.org

@MySelfManage

Joanne McCoy
Manager
manager@myself-management.org
07462 171369

Ruth Gomes
Living Better Group Coordinator
ruth@myself-management.org
07895 003552

Mary O'Hara
Comms & Admin Officer
admin@myself-management.org
07834 753766

Marion Rennie
Living Better Group Coordinator
marion@myself-management.org

Catherine Mitchell
Membership & Admin Officer
catherine@myself-management.org

Jean MacCallum
Development Officer
jean@myself-management.org

Kate Hathway
Community Networker
Skye & Lochalsh
kate@myself-management.org
07454 950401

Val Gale
Linkworker
Wait Well Project, NHS Highland
val@myself-management.org

Kirsteen Campbell
Community Networker Caithness
kirsteen@myself-management.org

Vicki Nevin
Linkworker
Wait Well Project, NHS Highland
vicki@myself-management.org

Invoices & Funding
News & Events

finance@myself-management.org
info@myself-management.org